

## **NURS6550 Week 3 ihuman**

### **History**

Rebecca Fields 27-year-old 5'7 120lbs

sudden sore throat 2 days fever 101.8  
swollen and tender glands  
pain with swallowing but good appetite  
severe pain  
no cough  
no drooling  
no weakness  
no joint pain  
recent contact: roommate with sore throat past week no runny nose  
no allergies  
up to date  
acetaminophen PRN ice cream  
on oral contraceptives  
one active partner  
occasional oral sex  
no smoking or recreational drugs  
occasional alcohol 2-3 beers per week

### **PE**

Skin no rash or discoloration  
Enlarged tonsils with exudates

1.5 rubbery mobile nodes

Rebecca Fields is a 27-year-old female patient presenting with complaints of sudden severe sore throat for two days with fever of 101.8F. Although her appetite hasn't changed, she reported painful swallowing with swollen and tender glands. She recalled being exposed to her roommate with similar symptoms the past week. She has occasional headaches but denies weakness, dizziness, joint pain, shortness of breath, or cough. She takes OTC acetaminophen and ice cream for symptom relief. She does not have any allergies and takes oral contraceptives for birth control. Physical exam revealed enlarged tonsils with exudates and cervical lymphadenopathy.